



GDANSK, POLAND | 5-6 OCTOBER 2019

MOTOCROSS OF EUROPEAN NATIONS /WOMEN'S MOTOCROSS OF EUROPEAN NATIONS

FRIDAY 04.10.2019

Technical Control	10:00 - 18:00
Circuit Control	15:00
Meeting with the Organizer	17:00
Second Circuit Control (if necessary)	18:00
Ceremony	18.00

SATURDAY 05.10.2019

Meetings of Race Direction and Ballot	08:30
Riders, Briefing	09:30
Free practice EMX125/EMX250	
Start practice EMX 125/EMX250	immediately after the Free Practice-5 min 10:00 - 10:30
Free practice EMX85	
Start practice EMX85	immediately after the Free Practice-5 min 11:00 - 11:30
Free practice WMX	(max.20 Teams/40 riders) immediately
Start practice WMX	after the Free Practice-5 min 12:00 -12:30
Session with on board camera	12:45 - 13:00

Qualifying Heat EMX125/EMX250	(motorcycles in waiting zone- sighting lap)	14:20
Qualifying Heat EMX125/EMX250	(20 min + 2 laps)	14:30

Qualifying Heat EMX85	(motorcycles in waiting zone- sighting lap)	15:20
Qualifying Heat EMX85	(15 min + 2 laps)	15:30

Qualifying Heat WMX	(motorcycles in waiting zone- sighting lap)	16:20
Qualifying Heat WMX	(15 min + 2 laps)	16:30

Second session with on board camera	(if necessary)	17:00 - 17:20
Second Meeting of Race Direction		17:15

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